

## Short Communication

# Determination of coenzyme Q by non-aqueous reversed-phase liquid chromatography

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### ABSTRACT

A non-aqueous reversed-phase liquid chromatographic method for determination of coenzyme Q<sub>10</sub> in pharmaceutical formulations has been developed. The reversed-phase system provides better reproducibility and better selectivity for the separation of coenzyme Q<sub>10</sub> analogues and degradation products than studied normal-phase systems. Furthermore, the non-aqueous mobile phase showed a very good solubility and provides a greater variety of work-up solvents for the lipophilic formulations than aqueous mobile phases. Validation studies showed detector response linearity over a concentration range of 0.2–100 µg/ml. The lower limit of detection was 2 ng on-column. The intra-assay precision (relative standard deviation) for a soy bean oil formulation was 2.0% ( $n = 11$ ).

### INTRODUCTION

Coenzyme Q<sub>10</sub> (CoQ<sub>10</sub>) (see Fig. 1) is a lipid-soluble quinone which is the active component of various pharmaceutical preparations used in the treatment of cardiomyopathy and angina pectoris [1,2].

The determination of CoQ<sub>10</sub> in formulations is commonly performed by straight-phase liquid chromatography [3]. This paper describes the usefulness of a non-aqueous reversed-phase liquid chromatographic (LC) method for analysis of the drug in various formulations. The non-aqueous mobile phase shows good solubility and provides a greater variety of work-up solvents for the lipophilic formulations than aqueous mobile phases. The method was ap-

plicable to the quantitative analysis of CoQ<sub>10</sub> in samples as diverse as raw material, soy bean oil formulations and micelle-based preparations.

### EXPERIMENTAL

#### *Chemicals*

Methanol and *n*-hexane were of LiChrosolv or analytical grade (Merck, Darmstadt, Germany). Coenzyme Q<sub>9</sub> was from Sigma (St. Louis, MO, USA) and coenzyme Q<sub>10</sub> from Dai-Nippon Chemicals (Osaka, Japan). Ubichromenol was synthesized in the laboratory by basic catalysis of CoQ<sub>10</sub> with a tertiary amine by use of a method described elsewhere [4].

#### *Apparatus*

The liquid chromatograph consisted of a Shimadzu LC pump, LC-6A (Shimadzu, Kyoto, Japan), with a Shimadzu SIL-6A autoinjector and an ABI S-1000 diode-array detector (Applied Biosys-

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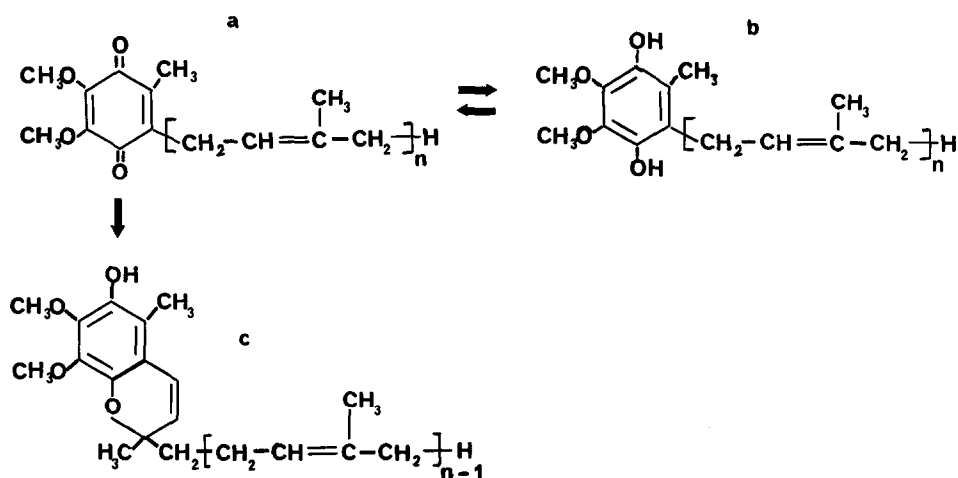


Fig. 1. (a) Chemical structure of CoQ<sub>10</sub>, oxidized form,  $n = 10$ . (b) Chemical structure of CoQ<sub>10</sub>, reduced form,  $n = 10$ . (c) Chemical structure of ubiquinol,  $n = 10$ .

tems, Foster City, CA, USA). For evaluation a Nelson 6000 chromatography data system (Perkin Elmer Nelson Systems, Cupertino, CA, USA) was used.

#### Sample preparation

(a) *Soy bean capsules*, 33 mg of CoQ<sub>10</sub> (33.3 mg of CoQ<sub>10</sub> suspended in soy bean oil). The capsule was opened with scalpel in a funnel over a 100-ml volumetric flask. The capsule was then transferred to the volumetric flask using forceps. The forceps, scalpel and the funnel were rinsed with hexane (the rinsing was performed by Pasteur pipette with 20 ml of hexane). The sample was ultrasonicated for 5 min and diluted to 100.0 ml with methanol and ultrasonicated again for another 2 min. A 2.00-ml aliquot of the sample was then diluted to 50.0 ml with methanol. A 20- $\mu$ l aliquot was injected into the LC system.

(b) *Mixed micelles*, 4 mg/g CoQ<sub>10</sub> (prepared from egg yolk lecithin/cholesterol and cholate). A 100-mg aliquot of the micelle preparation was dissolved in 100.0 ml of 20% *n*-hexane in methanol and ultrasonicated for 5 min. A 20- $\mu$ l aliquot was injected into the LC system.

#### Chromatographic conditions

The analytical column (100  $\times$  4.6 mm I.D.) contained Spherisorb ODS-2 material, 3- $\mu$ m particles

(Phase Separations, Queensferry, UK). The mobile phase, consisting of 10% *n*-hexane in methanol, was delivered at a flow-rate of 1.4 ml/min. The operative wavelength of the detector was 275 nm. The injected volume was 20  $\mu$ l.

#### RESULTS AND DISCUSSION

The method uses an end-capped reversed-phase column with a mobile phase consisting of 10% *n*-hexane in methanol and UV detection at 275 nm. By using this non-aqueous LC method, problems associated with straight-phase liquid chromatography (*i.e.* non-reproducible retention times due to hydrogen bonding [5]) are avoided.

For the studied lipophilic formulations, which consisted of, for instance, triglycerides and phospholipids, this non-aqueous mobile phase showed a very good solubility compared with aqueous mobile phases, in which these components were poorly soluble.

Furthermore, this method provides better separation of CoQ analogues and major degradation products than straight-phase systems that have been studied. For instance, a heavily degraded CoQ<sub>10</sub> solution gave very few, if any, extra peaks when it was analysed by the straight-phase method described by Palmer [5].

Fig. 2 shows the separation of oxidized and re-

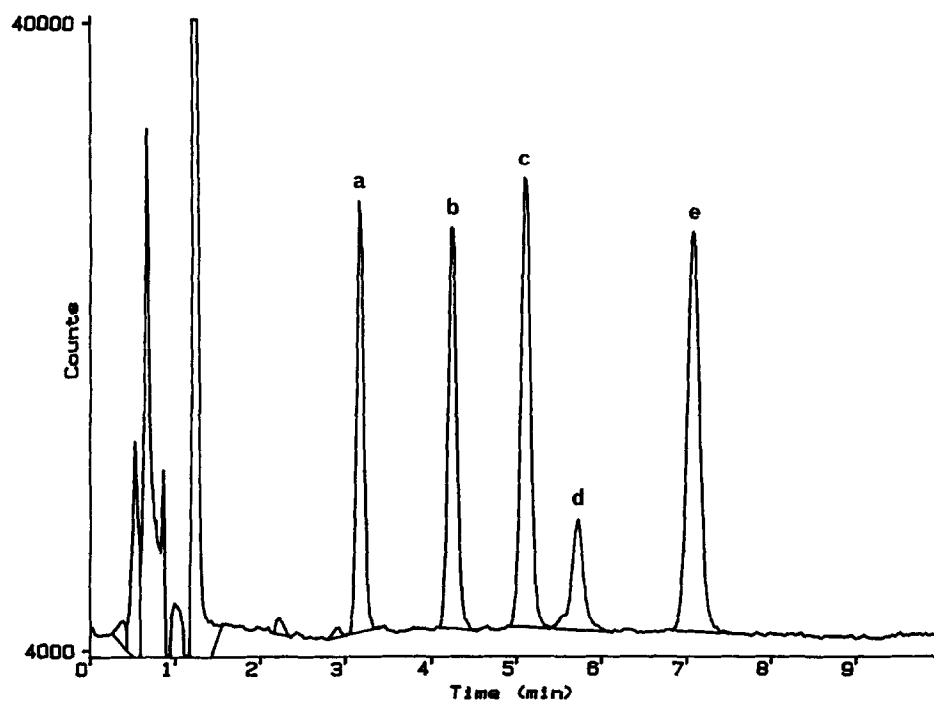


Fig. 2. HPLC separation of oxidized and reduced coenzyme  $Q_9$ , coenzyme  $Q_{10}$  and the major degradation compound ubiquinol. Peaks: a =  $CoQ_9$ , reduced form ( $100 \mu\text{g/ml}$ ); b =  $CoQ_{10}$ , reduced form ( $100 \mu\text{g/ml}$ ); c =  $CoQ_9$ , oxidized form ( $10 \mu\text{g/ml}$ ); d = Ubichromenol ( $3.5 \mu\text{g/ml}$ ); e =  $CoQ_{10}$ , oxidized form ( $10 \mu\text{g/ml}$ ).

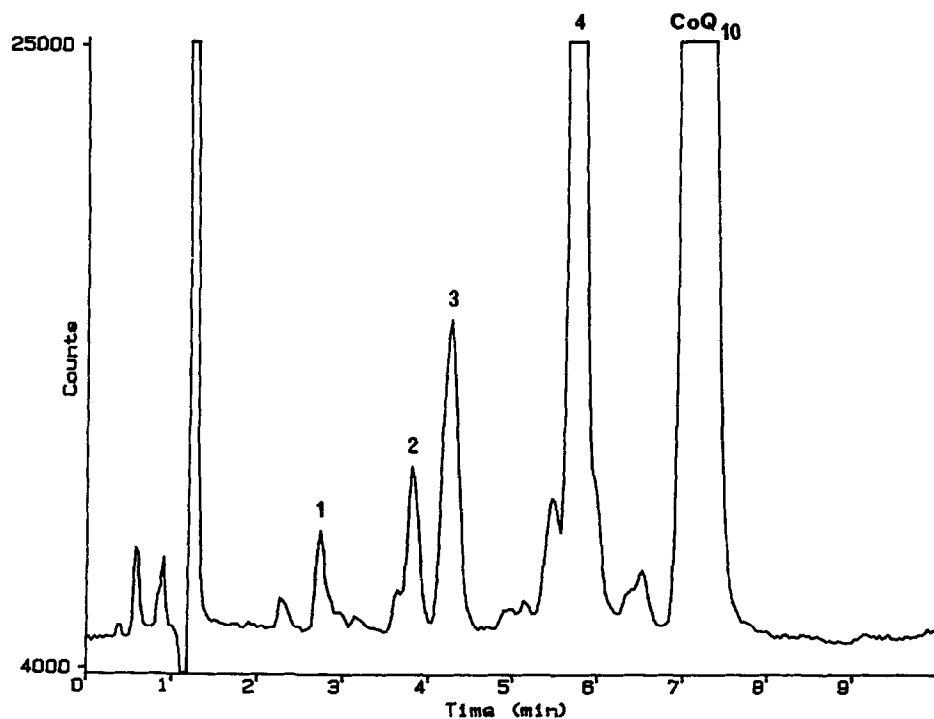


Fig. 3. Light-degraded raw material of  $CoQ_{10}$  after 20 h in daylight. Nominal content of  $CoQ_{10}$  was  $500 \mu\text{g/ml}$ .

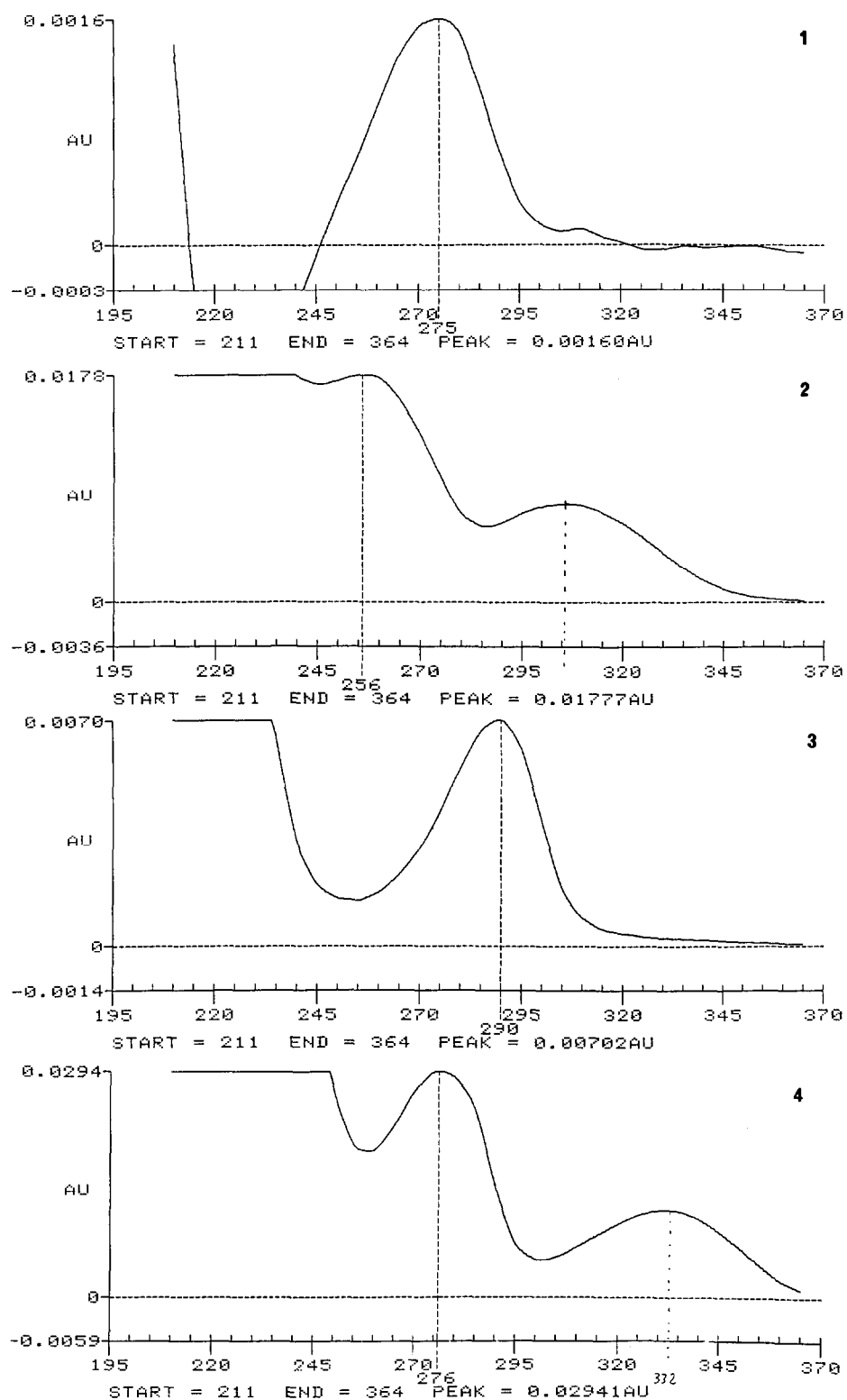


Fig. 4. UV spectra for some of the degradation products from the chromatogram in Fig. 3. 1 = Unknown; 2 = unknown; 3 = CoQ<sub>10</sub>, reduced form; 4 = Ubichromenol.

duced CoQ<sub>9</sub>, oxidized and reduced CoQ<sub>10</sub> and the major degradation component ubiquinone (chemical structures in Fig. 1). These components could thus be easily quantitated within the same run.

In Fig. 3 a chromatogram from a light-degraded raw material is given. The identities of the unknown degradation products were checked using retention times and UV spectra. In Fig. 4, UV spectra for some of the unknown degradation products are shown.

For the studied formulations the determination of CoQ<sub>10</sub> showed linear detector response in the concentration range 0.2-100 µg/ml. The lower limit of detection of CoQ<sub>10</sub> at a signal-to-noise ratio of 3:1 (peak to peak) was 2 ng on-column. The intra-assay precision (relative standard deviation) of the

method for soy bean capsules (5-20 µg/ml) was 2.0% ( $n = 11$ ) and for micellar formulations (0.3-5.0 µg/ml) 2.6% ( $n = 6$ ). The mean recovery of CoQ<sub>10</sub> added to placebo capsules was  $100.3 \pm 1.9\%$  ( $n = 6$ ) and for CoQ<sub>10</sub> added to a micelle vehicle was  $99.7 \pm 2.5\%$  ( $n = 8$ ).

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